

CURRICULUM VITAE

DR PIETER HECKROODT LAUBSCHER

Academic qualifications:

M.B. Ch.B. (UFS) 1998

FCS (ORTHO) SA – Durban, May 2007

M.Med. (Ortho) – University of Pretoria, May 2007

Practice Postal Address:

P.O. Box 413902

Craighall

2024

South Africa

Offices

Centre for Sports Medicine and Orthopaedics

2nd floor Sturdee house

Rosebank, 2196

Johannesburg

Practice Contact Details

Tel: +27 11 7885110 (Johannesburg)

Office: shoulder@sportsortho.co.za

Personal Email: phlaubscher@gmail.com

Website: www.shoulder.co.za

ORTHOPAEDIC AND RELATED TRAINING

Medical Officer (January 2001 to June 2002):

Worked in the Orthopaedics Departments at Kalafong Hospital and Witbank Hospital under the supervision of the Department of Orthopaedics at the University of Pretoria.

Attended weekly academic discussions on orthopaedics.

Registrar (July 2002 to June 2007)

Rotations:

Trauma (15 months)

Knees (8 months)

Bone tumour and sepsis (4 months)

Paediatric orthopaedics (8 months)

Feet surgery (4 months)

Spinal surgery (4 months)

Arthroplasty (4 months)

Upper limb (8 months)

Intensive Care Unit (5 months)

Extracurricular courses (1999 to 2007)

ATLS® course: Successfully completed: 26 – 28 August 1999

APLS® course: Successfully completed – April 2002

ACLS® course: Successfully completed – May 2002

Basic Life Support Course: Successfully completed -- April 2002

Skeletal Trauma Symposium: Attended symposium -- May 2006

“AO Principles of Fracture Management” ® Basic Course: Successfully completed June 2006

CONGRESSES ATTENDED

South African Orthopaedic Association Annual Congress (SAOA)

Port Elizabeth, September 2005

Durban, September 2006

Cape Town, September 2008

Drakensberg, September 2009

Port Elizabeth, September 2017

Pretoria, September 2018

Cape Town, September 2020, 2021, 2022

Annual Congress of the SA Society for Surgery of the Hand

Port Elizabeth, 2005 and Durban 2006

Annual Congress of the French Arthroscopic Society:

Lyon, France, November 2007

11TH International Congress of Shoulder and Elbow Surgery (ICSES)

Edinburgh, Scotland, September 2010

23rd Congress of the European Society for Surgery of Shoulder and Elbow (ESSSE)

Lyon, France, September 2011

Arthroscopy Association of North America Annual Meeting (AANA)

Orlando, USA, May 2012

9TH Biennial ISAKOS congress

Toronto, Canada, May 2013

13TH International Congress of Shoulder and Elbow Surgery (ICSES)

Jeju, South Korea, May 2016

27th Congress of the European Society for Surgery of Shoulder and Elbow (ESSSE)

Berlin, Germany, September 2017

15TH International Congress of Shoulder and Elbow Surgery (ICSES)

Rome, Italy, September 2023

DEDICATED SHOULDER TRAINING RECEIVED

Storz® sponsored shoulder fellowship: September 2007 to December 2007

Working with Dr Phillippe Collin, at CHP St Gregoire Hospital, Rennes in France. My duties include assisting Dr Collin with all his theatre cases (12 per week) and attending the outpatient clinic.

Annecy Live Surgery, International Advanced Shoulder Course, June 2009

Attend course with international leaders in shoulder surgery performing live surgery on complex shoulder cases

Nice Shoulder Course. Nice, France, June 2014

Attend three day course with international leaders in shoulder surgery performing live surgery and discussing complex shoulder cases and topics.

Paris International Shoulder Course. Paris, France, February 2019, June 2022

Attend three day course with international leaders in shoulder arthroplasty surgery performing live surgery and discussing matters relating to shoulder arthroplasty and advances in surgical techniques and preop planning..

Wright Medical Shoulder Course, Lisbon, Portugal, October 2019

Attend two day course covering surgical technique for specific shoulder conditions and implants. Most of discussions revolved around shoulder arthroplasty.

International visitations

- Dr Gilles Walch, Lyon France, October 2007

Attended theatre cases with Dr Walch and had informal discussions on various shoulder topics

- Dr Laurent Lafosse, Annecy France, October 2007

Attended theatre cases with Dr Lafosse

Seminars/Workshops attended:

- Shoulder Web E-seminar: Current Issues of the complex shoulder. Pretoria, October 2010
- Zimmer Masterclass meeting on shoulder arthroplasty (Prof Gerber). Cape Town, November 2010
- Arthrex Shoulder Arthroplasty Symposium, Johannesburg, July 2012
- Wrigthington Shoulder Course: Shoulder arthroplasty, December 2013

South African based experience obtained

- Dr Theo Rösch, Pretoria, South Africa

Assisted Dr Rösch with his theatre cases on weekly basis since return from France. January 2008 – Present

- Dr Joe De Beer, Cape Town, South Africa

Attended consultations and surgeries performed by Dr De Beer. January 2008, February 2010

DEDICATED SHOULDER TRAINING PROVIDED

CPD SHOULDER PRESENTATIONS (GP and PHYSIOTHERAPISTS)

GP and Physiotherapists (Johannesburg): June 2009, June 2010

GP (Nelspruit): August 2011

GP, Physiotherapists and Biokineticist(CSMO, Johannesburg): May 2012 (*live surgery*)

GP (Rustenburg): October 2012

CMT GP Workshops (Johannesburg and Cape Town): February, August, October 2015

GP (Johannesburg): February 2017

GP (Midrand): March 2018, May 2021

GP (Online): July 2022

GP and Physiotherapists (Pretoria): May 2023

SMITH & NEPHEW SHOULDER CADAVER WORKSHOP (DURBAN, JOHANNESBURG)

Orthopaedic surgeons: August 2012

Orthopaedic registrars: November 2012

Orthopaedic surgeons: February, April, and September 2013

Orthopaedic surgeons: April 2014, July 2014

Orthopaedic surgeons: June 2016

Orthopaedic surgeons/Registrars: February 2023

Orthopaedic surgeons/Registrars: October 2024

DEPUY MITEK SHOULDER ARTHROSCOPY COURSE (CAPE TOWN)

Orthopaedic surgeons: November 2012

ELITE SURGICAL SHOULDER ARTHROPLASTY WORKSHOP (EAST LONDON)

Orthopaedic surgeons: May 2024

VISITING SPECIALISTS (PRETORIA, JOHANNESBURG)

Orthopaedic surgeons from India: October 2012

Orthopaedic surgeon from South Africa: October 2013, June, October 2014, June, July 2015

Orthopaedic surgeon from Rwanda: May 2016

IRAMEA ARTHROSCOPY SOLUTIONS, SHOULDER MASTER FORUM (SINGAPORE)

Orthopaedic surgeons from India, Turkey, Thailand and Singapore. Training provided in form of lectures and cadaver workshops. June 2014

IRAMEA SHOULDER ARTHROSCOPY SOLUTIONS (ISTANBUL)

Orthopaedic surgeons from Middle East. Surgical training on cadavers provided as well as lectures. March 2015

IRAMEA ARTHROSCOPY SOLUTIONS, SHOULDER MASTER FORUM (ISTANBUL)

Orthopaedic surgeons from: Korea, Middle East and Russia. Training provided in form of lectures and cadaver workshops. August 2015

IRAMEA ARTHROSCOPY SOLUTIONS, SHOULDER MASTER FORUM (SINGAPORE)

Orthopaedic surgeons from: India, Saudi Arabia, Dubai, South Korea, Russia. Training provided in form of lectures and cadaver workshops. July 2016

APAC & EMERGING MARKETS ARTHROSCOPY SOLUTIONS, SHOULDER MASTER COURSE (DOHA)

Orthopaedic surgeons from: India, Saudi Arabia, Kuwait, Turkey. Training provided in form of lectures and cadaver workshops. May 2017

APAC & EMERGING MARKETS ARTHROSCOPY SOLUTIONS, SHOULDER MASTER COURSE (ISTANBUL)

Orthopaedic surgeons from: India, Saudi Arabia, Kuwait, Turkey, Russia, Iran and Jordan. Training provided in form of lectures and cadaver workshops. October 2017

APAC AND EMERGING MARKETS ARTHROSCOPY SOLUTIONS, SHOULDER ARTHROSCOPY ADVANCED INSTRUCTIONAL COURSE (SINGAPORE)

Orthopaedic surgeons from: India, Saudi Arabia, South Africa, Australia, South Korea. Training provided in form of lectures and cadaver workshops. February 2018

MENA MASTER SHOULDER ARTHROSCOPY INSTRUCTIONAL COURSE, SHOULDER ARTHROSCOPY ADVANCED INSTRUCTIONAL COURSE (WATFORD, UK)

Orthopaedic surgeons from: India, South Africa, Russia, Saudi Arabia, Tunisia. Training provided in form of lectures and cadaver workshops. May 2019

PROFESSIONAL AFFILIATIONS AND MEMBERSHIP

- Full membership: South African Orthopaedic Association (SAOA): 2007 - present
- Full membership: South African Shoulder Elbow Surgeon (SASES): 2009 – present
- Corresponding membership: European Society for Surgery of the Shoulder and the Elbow (SECEC): 2013 - present
- Shoulder Specialist Consultant: Golden Lions Rugby Union: 2017 – present
- Shoulder Specialist Consultant: Blue Bulls Rugby Union: 2018 – present
- SASES EXCO member: 2021- 2023
- SASES President: 2025 - 2026
- Applicant Member: ISAKOS: January 2024 - present

PUBLICATIONS AND ORAL PRESENTATIONS

SA ORTHOPAEDIC JOURNAL (August 2006)

Management of femur fracture with an associated arterial injury due to gunshot: A review of 12 cases

SA ORTHOPAEDIC JOURNAL (February 2008)

Complicated shoulder dislocation in the elderly patient: Case Review and Literature Review

SA ORTHOPAEDIC JOURNAL (Summer 2010)

Expert opinion: Propionibacterium acnes infection after shoulder arthroplasty.

SAOA ANNUAL CONFERENCE (presentations)

- Durban 2006: Management of femur fractures with an associated arterial injury due to gunshot.
- Cape Town 2008: “Hands together” rehabilitation for rotator cuff repairs
- Drakensberg 2010: Retention of M.Subscapularis integrity during shoulder hemiarthroplasty
- Sun City 2011: Thromboembolic events in shoulder surgery
- Pretoria 2018: Our experience with 3D printed glenoid jigs
- Pretoria 2018: The Salvage Procedure: Stabilisation Sling Arthroplasty
- Cape Town 2020 (hybrid): Large Rotator Cuff Tear: New Advancements
- Cape Town 2021 (hybrid): When and How to treat Hill Sachs lesion
- Cape Town 2022: Greater Tuberosity Fracture: When to treat
- Cape Town 2024: Case Presentation: Posterior labrum tear

SASES BI-ANNUAL MEETING (presentations)

- Zimbabwe 2012: M.Subscapularis tears: A new classification based on 100 cases
- Victoria Falls, Zimbabwe 2013: Transosseus equivalent suturing technique for M.Supraspinatus
- Victoria Falls, Zimbabwe 2013: M.Subscapularis tear: A new classification based on 200 cases

- Cape Town 2022: HemiArthroplasty in the young patient
- Cape Town 2023: The Young Arthritic shoulder: Conservative treatment options

SMITH & NEPHEW HARD SHOULDER SEMINAR (presentations)

- Johannesburg, March 2013: Suturing techniques for the rotator cuff: Practical Guidelines
- Johannesburg, October 2016: Biceps instability in the adolescent.
- Johannesburg, August 2018: Approach to instability surgery in young contact athletes.

BONE AND JOINT JOURNAL: ORTHO PROCEEDINGS 2013 95-B (supp 29) 80

- Venous thrombotic events associated with shoulder arthroscopy

WRIGHTINGTON UPPER LIMB UNIT: SHOULDER ARTHROSCOPY COURSE (presentation)

- Wrigington, UK, December 2013: M.Subscapularis pathology and treatment

25th CONGRESS OF THE SOUTH AFRICAN RHEUMATISM AND ARTRHRITIS ASSOCIATION (SARAA) (presentation)

- Johannesburg, February 2017: Painful Shoulder: Diagnosis & Treatment Guidelines for the Rheumatologist

4TH PUNE SHOULDER COURSE

- Pune India, February 2018. International faculty member. Presentations on various shoulder topics. Expert panel member during case discussions.

15TH INTERNATIONAL CONGRESS ON SHOULDER AND ELBOW SURGERY

- Rome Italy, September 2023. International faculty member. Review presentation on effectiveness of the InSpace Balloon™